

CODE OF CONDUCT FOR SKATERS

- ◆ Arrive for training and matches in good time to prepare thoroughly
- ◆ Turn up with appropriate kit for the activity
- ◆ Always warm up and cool down properly
- ◆ Play for fun and enjoyment - not just to please your parents and/or coach
- ◆ Learn and play by the rules
- ◆ Do not argue with match officials and/or the coach - use your energies for playing better
- ◆ Recognise and applaud all good play
- ◆ Be a good sport - win with modesty, lose with dignity
- ◆ Respect other people - treat them as you would wish to be treated
- ◆ Co-operate with coach, team-mates and opponents
- ◆ Think about improving your skills after training and competition
- ◆ Inform the coach of any injury as soon as possible
- ◆ Inform the coach if you need to leave the site early
- ◆ Thank officials and opponents after competition